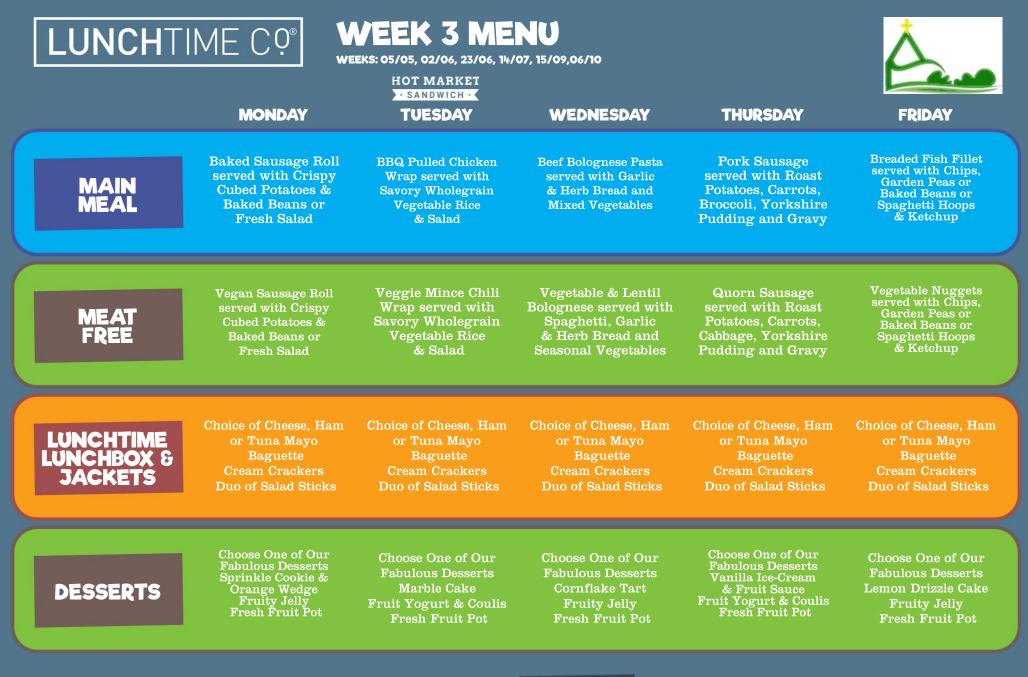
LUNCH		VEEK 1 ME eks: 21/04, 12/05, 09/06. 30/0 hot market sandwich - tuesday		THURSDAY	FRIDAY
MAIN MEAL	Jacket Potato with Choice of Toppings served with Fresh Salad	Cheese & Ham French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Homemade Beef Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad	Roast Pork served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Crispy Chicken Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn
MEAT FREE	Jacket Potato with Choice of Toppings served with Fresh Salad	Cheese & Tomato French Bread Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Roasted Vegetable & Lentil Lasagne served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad	Creamy Leek Wellington served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Crispy Vegetable Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn
LUNCHTIME LUNCHBOX & JACKETS	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Jam & Coconut Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Peach & Vanilla Sponge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot

Making lunchtime the highlight of your day

LUNCH	LUNCHTIME C.O.® WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10 HOT MARKET					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN MEAL	Traditional Macaroni Cheese served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Pork Sausage in a Crispy Baguette served with Crispy Potatoes & Vegetable Sticks	Meat Feast Wholemeal Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy	Breaded Fish Fingers Served with Chips, Garden Peas or Baked Beans or Spaghetti Hoops & Ketchup	
MEAT FREE	Mediterranean Vegetable Pasta Bake served with Wholemeal Garlic & Herb Bread and Seasonal Vegetables	Quorn Sausage in a Crispy Baguette Served With Crispy Potatoes & Vegetable Sticks	Margherita Wholemeal Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Roast Vegetable & Beans Pie served with Potatoes Carrots and Broccoli	Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beansor Spaghetti Hoops & Ketchup	
LUNCHTIME LUNCHBOX & JACKETS	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	Choice of Cheese, Ham or Tuna Mayo Baguette Cream Crackers Duo of Salad Sticks	
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot	

Making lunchtime the highlight of your day



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